

# 2019 BED RACE October 5, 2019 Denison Fall Festival



### What is a Bed Race?

- A short competitive, fun-filled race of twin beds repurposed with wheels
- Teams are composed of five people four pushers and one rider who race their beds on a concrete race track. Racing distance is approximately two blocks with multiple timed heats.
- Costumes and themes for each bed bring the event to life for the participants and the crowds (the Denison Fall Festival attracts thousands of folks!)
- Signage is encouraged to give recognition to your group or sponsorship. This is part of the fun. Name your bed; a trucking company could be *Flat Bed*, a florist could be *A Bed of Roses*, a funeral home could be *Stiff Competition*. Go wild, but, be tasteful. Google "bed races" to get ideas on themes.

### **Bed Construction Specifications**

- Maximum bed size is twin! Traditional bed frame is not necessary. Any crazy vehicle that mimics a bed is fine. Each bed should have a mattress. Be creative.
- Beds must have a **minimum of four wheels**. All wheels must touch the ground at all times and be **load bearing**. Wheel selection (minimum diameter of 4") is important for ease of pushing and maximum speed. It is not necessary for all four wheels to be the same size.
- One set of **pivoting wheels on the front is mandatory** for directional control. Man power (pushers) provide vehicle speed and directional control. No steering mechanism allowed. The race layout may be a combination of straightaways and curves.
- Push bars may protrude only 16 in" from the front of each side of the bed. Don't let this protrusion be a safety hazard. Rear pushers may use either the rear of the bed or a second set of push bars.
- Choosing a theme and decorating the bed and wearing costumes appropriate to the theme is essential to making the event fun. Be creative and even outlandish to gain the most attention.
- See <a href="https://www.youtube.com/watch?v=r6grd32yf48">https://www.youtube.com/watch?v=r6grd32yf48</a> for bed construction ideas.

### Team Entry Fee and Rules September 15 is Deadline to Submit Entry Form & Fee

#### Team Entry Fees (Fill out attached Team Entry Form)

- \$125 per team that builds & decorates its own bed
- \$350 per team that decorates a rented bed from Family Promise. Only 3 beds available need to check online registration form for availability (or email fpgc.bedrace@gmail.com)
- There are two categories of teams youth (grades 7 12) and adult (post high school).

#### Additional Team Fundraising

This event is a fundraiser, so each team is encouraged to solicit additional funds. Receipts for tax deductions are available.
A prize will be awarded to the team that generates the most donations.

#### **Racing Rules for Team Members**

- Each team must have only five members: four bed pushers who must be at least 16 years old and one rider who must be at least 13 years old.
- 🏁 The rider must wear a helmet.
- Beds must be pushed and guided by humans only. No motors or steering mechanisms.

#### Each team member must complete a racing waiver form before the race.

- Prize Categories (each team member of a winning team will receive a prize)
- 🏁 Best fund-raising team
- Best race time (youth and adult)
- 🏁 Best bed theme

# "Push to end homelessness...one bed at a time."





## DATE: Saturday, October 5 LOCATION: Denison Fall Festival

### **BED RACE TEAM REGISTRATION**

#### A check for the registration fee can be made out to: Family Promise of Grayson County For payment by credit card: please visit thebedrace.com

□ If making donation by credit card via the website, please check this box.

# Please make a copy of this form for your records and mail this form to the address below. If making donation by mail, please include your donation with this form.

Family Promise of Grayson County 901 E. Houston, Suite 100 Sherman, TX 75090

For questions or additional information, contact fpgc.bedrace@gmail.com. Thank you for your support!

REGISTER A BED RACE TEAM (\$125/\$350)	
Team Name:	
Team Category: 🗆 Youth 🗆 Adult	
Bed Race Entry Fee: 🗆 Build Own Bed - \$125	Rent Bed from Family Promise - \$350
(Note: only 3 beds available to rent, check wit	h <u>fpgc.bedrace@gmail.com</u> for availability)
Team Captain:	
Adult Sponsor (for youth teams):	
Contact Information (for team captain or youth sponsor	·)
Phone:Email	
Mailing Address:	
Team Members & t-shirt sizes. If team members are not known at time of team registration, team list can be submitted at a later date to fpgc.bedrace@gmail. For youth teams, please include ages of team members.	
Team Member 1:	t-shirt size:
Team Member 2:	t-shirt size:
Team Member 3:	t-shirt size:
Team Member 4:	t-shirt size:
Team Member 5:	t-shirt size: